



TRAINING PLAN FOR GLOBAL GRANTS

Grant number: 2460210

Improving people’s knowledge and skills is a key component of every global grant. Examples include teacher training, hygiene education, professional training, natural resource management workshops, or skill development. For each training activity included in the project, answer the following questions. Add additional training topics as needed. Share any documents that give details such as the training content or the trainer’s qualifications.

TRAINING 1

What is the title of the training?

Peace Program and Conflict Prevention, a Formative Approach for teachers

What is the purpose or goal of the training?

Design and implement a formative care protocol to strengthen school coexistence in the sixth, seventh, eighth, and ninth grades through pedagogical strategies for mediation and conflict prevention carried out by 45 trained teachers.

What knowledge and skills will trainees learn from the training?

Types of peace, Nature of conflicts in the classroom, Identification of common conflict situations in the classroom, Legal and Regulatory Framework, Legislation on education for peace and coexistence, Tools to promote peace in the classroom and prevent conflict, Principles of mediation, Steps to carry out a mediation process.

How did you choose this training?

By meeting with the expert.

How will it address any gaps in the knowledge and skills of the beneficiaries that were identified during the community assessment?

Previous concepts recognition, group meetings to support the 45 teachers’ team, monitoring and evaluation processes during, at the end and post project.

Is this new training as a result of this grant?

Yes

What methods (such as presentations, discussion groups, hands on activities, or case studies) will be used to conduct the training?

Hands on activities, discussion groups, presentations, protocol developed.

How many hours of training will each trainee receive? (Training duration must address the topic adequately.)

20 hours.

How many times will this training be offered to each trainee? (Follow-up training is required for most project types.)

Once every year, with administrative crew in charge of sharing the protocol and concepts when Rotary finishes the intervention.

Who will conduct the training? What are the trainer's qualifications? (Trainers must have professional expertise in the topic.)

Felipe Becerra. CV enclosed.

Who will receive the training? How many men? How many women?

45 teachers.

How will trainees continue to use the knowledge and skills they learned from the training after the grant activities are completed?

Peace and conflict prevention protocol.

How will this training be evaluated to determine its effectiveness and improve future training?

Attendance lists and certifications of trained teachers.

Records of activities and contests held in the practical space.

Official document of the conflict prevention protocol.

Surveys or interviews with teachers and students on protocol implementation.

School coexistence reports before and after the program.

TRAINING 2

What is the title of the training?

Parents' School

What is the purpose or goal of the training?

Implement a theoretical-practical program on assertive parenting guidelines aimed at 280 guardians of students from groups 6-4, 6-5, 7-4, 7-5, 8-4, 8-5, 9-4, and 9-5, in order to strengthen strategies for effective communication, positive discipline, and emotional management at home.

What knowledge and skills will trainees learn from the training?

1. Introduction to Assertive Parenting Workshop (3 hours), understanding different parenting styles and their effectiveness.

"2. Active Listening and Assertive Communication Workshop. Implement sessions to teach active listening techniques and assertive communication. Assess improvement in communication through practical exercises. (3 hours)"

"3. Conflict Management Workshop. Techniques for conflict resolution in parenting. Evaluate the application of techniques through simulations. (3 hours)"

"4. Positive Discipline Strategies. Offer a workshop on positive discipline techniques that promote mutual respect. Assess the implementation of strategies through follow-up in later sessions. (4 hours in two sessions)"

"5. Empathy and Understanding Workshop. Conduct a workshop to foster empathy toward adolescents and their challenges. Evaluate understanding through reflection and discussion exercises. (2 hours)"

"6. Self-Care Workshop for Parents. Workshop on the importance of self-care in assertive parenting. Assess the implementation of self-care practices through follow-up. (3 hours)"

"7. Closing and Reflection Meeting (continuation). Gather all parent groups to foster a community atmosphere and reflective process.

Allows parents to consolidate their learning and establish connections. (2 hours)"

How did you choose this training?

By meeting with the expert.

How will it address any gaps in the knowledge and skills of the beneficiaries that were identified during the community assessment?

Previous concepts recognition, group meetings to support the 280 caregivers with incentives and flexible schedules, monitoring and evaluation processes during, at the end and post project.

Is this new training as a result of this grant?

Yes

What methods (such as presentations, discussion groups, hands on activities, or case studies) will be used to conduct the training?

Hands on activities, discussion groups, presentations, workshops.

How many hours of training will each trainee receive? (Training duration must address the topic adequately.)

20 hours.

How many times will this training be offered to each trainee? (Follow-up training is required for most project types.)

Once every year, but with the help of teachers and parents school after Rotary finishes the project.

Who will conduct the training? What are the trainer's qualifications? (Trainers must have professional expertise in the topic.)

Felipe Becerra. CV enclosed.

Who will receive the training? How many men? How many women?

280 caregivers.

How will trainees continue to use the knowledge and skills they learned from the training after the grant activities are completed?

If parents receive training in psychological first aid, emotional management within the family, and positive discipline, they will improve their parenting strategies, reducing the use of physical and verbal corrections permanently.

How will this training be evaluated to determine its effectiveness and improve future training?

"Percentage of guardians participating in at least 60% of the program sessions.

"Number of practical activities developed / Number of proposed activities in the workshop.

Evidence of the application of learned strategies at home, measured through surveys and structured observations.

TRAINING 3

What is the title of the training?

Being Development and Psychological Mentorship Program

What is the purpose or goal of the training?

The 280 students in the sixth, seventh, and eighth grades will strengthen their identity, define key elements of their life project, and improve their emotional management, demonstrating greater self-confidence and more harmonious relationships in the school environment.

What knowledge and skills will trainees learn from the training?

"1. Self-Awareness Workshop

Conduct a workshop on self-awareness where students identify their strengths and weaknesses, fostering self-esteem and personal identity."

"2. Dream Map Creation

Guide students in creating a visual map representing their dreams and goals, which they will present to their group. "

"3. Emotional Management Workshop

Deliver a workshop on identifying and managing emotions, providing tools for emotional regulation."

"4. Motivational Talks

Organize three talks with professionals discussing the importance of identity and life projects, offering role models and motivation."

"5. Conflict Prevention and Resolution Workshop

Conduct a workshop teaching conflict prevention and resolution techniques, as well as assertive

communication, including simulations and role-playing activities."

"6. Personal Reflection Journal

Encourage students to keep a journal where they reflect on their emotions and experiences.

"7. Artistic Expression Activities

Organize art workshops where students express their emotions through different media (painting, theater, music).

"8. Reflection and Closing Meeting

Hold a final meeting where students share their learnings and reflections about the program.

Create a comfortable and welcoming environment for discussion."

"Personalized Psychological Mentorship:

Training in emotional management, conflict resolution, and self-recognition for the 40 students with the most challenges due to intrinsic or extrinsic factors, with 15 sessions over a year with psychological support."

How did you choose this training?

By meeting with the expert.

How will it address any gaps in the knowledge and skills of the beneficiaries that were identified during the community assessment?

Previous concepts recognition, group meetings to support the 280 caregivers with incentives and flexible schedules, monitoring and evaluation processes during, at the end and post project.

Is this new training as a result of this grant?

Yes.

What methods (such as presentations, discussion groups, hands on activities, or case studies) will be used to conduct the training?

Hands on activities, discussion groups, presentations, workshops.

How many hours of training will each trainee receive? (Training duration must address the topic adequately.)

36 hours

How many times will this training be offered to each trainee? (Follow-up training is required for most project types.)

Once per year (from 6th to 9th grade, when they move year by year. But after Rotary leaves, with teachers expertise.

Who will conduct the training? What are the trainer's qualifications? (Trainers must have professional expertise in the topic.)

Felipe Becerra.

Who will receive the training? How many men? How many women?

280 students.

How will trainees continue to use the knowledge and skills they learned from the training after the grant activities are completed?

If students participate in a training program on identity, life projects, and emotional management, they will develop greater self-confidence and strengthen their interpersonal relationships within the school environment.

If the 40 students with the most conflicts receive structured training in emotional management, conflict resolution, and self-awareness through 15 psychology sessions in one year, they will improve their emotional self-regulation and coping skills, reducing the incidence of conflictive behaviors in the school environment.

How will this training be evaluated to determine its effectiveness and improve future training?

Surveys, interviews, journal, attendance, reduction of conflict and increasement of knowledge about prevention.

60% of the 280 students in sixth, seventh, and eighth grades will demonstrate improvements in their identity, life project definition, and emotional management, as evidenced by pre- and post-intervention evaluations, as well as self-assessments and perception surveys.